

# COVID-19 Policies and Procedures

## Beth Israel Chai School

August 2020

### START DATE

Monday, September 14

### SICK POLICY

#### Self-isolation at home

- All students or educators with COVID-19 symptoms such as sore throat, fever, difficulty breathing coughing, chills, diarrhea, fatigue, headache, loss of appetite, loss of sense of smell or taste, muscle aches, nausea and vomiting, runny nose or other cold, influenza or infectious respiratory symptoms must self-isolate at home for a minimum of 10 days from the onset of symptoms and until their symptoms are completely resolved (i.e. it may be longer than the minimum 10 days). Parents/caregivers of a self-isolating student and self-isolating educators should call 8-1-1 for medical advice and for advice on when the student or educator are fit to safely return to work.
- Students or educators who live in the same household as a person with confirmed or clinical COVID-19 symptoms who is self-isolating must self-isolate and not return to school until cleared to do so by the public health officials (8-1-1).
- Parents/caregivers of a self-isolating student and self-isolating educators should stay in regular contact with the school regarding the ongoing status of their condition and are not to return to school until cleared to do so by the public health officials (8-1-1).
- Students and educators returning to British Columbia from outside Canada must self-isolate and be monitored for symptoms for 14 days after their return. Returning travelers that develop COVID-19 symptoms during the period of self-isolation are required to self-isolate for a further period of 10 days after the onset of symptoms, or until symptoms resolve, whichever is later.

#### Students developing symptoms of COVID-19 while at school or after having been at school

- If a student becomes sick while at school he/she will be isolated from others until his/her parent/caregiver picks him/her up.
- Once at home the student will be expected to self-isolate following the directions described above. To help prevent transmission, respiratory etiquette and hand hygiene practices are recommended as well as, to the extent possible, having the ill student or staff stay two meters away from others. If possible, the student should be placed in a separate room from other students with a closed door.
- The ill student who is able to comply with mask wearing will be instructed to wear a surgical mask. If the student is not able to comply or there are no appropriately sized masks available, the adult(s) caring for him/her should wear a surgical mask. If a mask is unavailable the student should be instructed to cover their mouth and nose with a tissue when coughing or sneezing.
- Beth Israel Chai School will alert the local Medical Health Officer if there is a student self-monitoring for symptoms who developed symptoms compatible with COVID-19 while at school.
- Everyone (students and educators) that was in contact with the ill student must thoroughly wash their hands.
- Every object that the ill student touched prior to entering the isolation room will be washed and disinfected.

- Any rooms that the student was in while symptomatic will be cleaned and disinfected before others enter them. The space where the student was isolated will be cleaned thoroughly, once the student is picked up.
- Beth Israel Chai School will alert the local Medical Health Officer if there is a student self-monitoring for symptoms who developed symptoms compatible with COVID-19 while at school.
- Parents will inform Chai School immediately, if their students, themselves or their other children test positive.
- If a student tests positive, Chai School will alert all of its families.

#### **PROTECTIVE PERSONAL EQUIPMENT**

- Beth Israel Chai School Teacher and Volunteers will be required to wear masks at all time.
- Beth Israel Chai School will follow the BC Ministry of Education's guidelines concerning whether or not students will be required to wear masks. Chai School strongly encourages students to wear masks and students will be required to wear masks when they are not able to maintain a distance of 2 meters or more from others.
- Students are expected to bring their own masks.
- Those who are preparing and serving dinner will be required to wear masks and gloves.
- Disposable masks will be available for those who need.

#### **COUGH AND SNEEZE ETIQUETTE**

- Educators and staff are expected to follow cough/sneeze etiquette by covering their mouth and nose during coughing or sneezing with a tissue or flexed elbow and disposing of used tissues in a plastic lined waste container followed by hand hygiene.
- Educators will instruct and encourage students on following cough/sneeze etiquette.

#### **PROPER HYGIENE**

Handwashing with soap and water is still the single most effective way to reduce the spread of illness. All students and staff will sanitize their hands each time they enter and exit the building and their classroom.

#### **CLEANING AND DISINFECTING ROUTINES**

Early evidence suggests that the virus causing COVID-19 can live on objects and surfaces from a few hours to days. Regular cleaning and disinfecting of objects and high-touch surfaces is very important to help to prevent the transmission of viruses from contaminated objects and surfaces.

- All classroom environments will be immaculate.
- A full stock of handwashing supplies will be available at all times (i.e. soap, paper towels, and, if needed, 60% alcohol-based hand sanitizer.)
- Garbage containers will be emptied often.
- High-touch surfaces will be regularly disinfected.
- Disposable wipes and napkins will be used at this time.

#### **SIX STEPS FOR PROPER HAND WASHING**

1. Wet hands with warm running water
2. Apply a small amount of liquid soap. Antibacterial soap is not required.
3. Rub hands together *for at least 20 seconds* (sing the ABCs). Rub palms, backs of hands, between fingers and under nails/creating a lather.
4. Rinse off all soap with running water.
5. Dry hands with a clean, disposable towel.
6. Discard the used towel in the waste container.

<p><b>Students should wash their hands:</b></p> <ul style="list-style-type: none"> <li>• When they arrive at school and before they go home</li> <li>• Before eating and drinking</li> <li>• After using the toilet</li> <li>• After playing outside</li> <li>• After sneezing and coughing into hands</li> <li>• Whenever hands are visibly dirty</li> </ul>	<p><b>Staff should wash hands:</b></p> <ul style="list-style-type: none"> <li>• When they arrive at school and before they go home</li> <li>• Before handling food</li> <li>• Before and after giving or applying medication or ointment to a student or self</li> <li>• After, using the toilet</li> <li>• After contact with body fluids (i.e. runny noses, spit, vomit, blood)</li> <li>• After removing gloves</li> <li>• After handling garbage</li> <li>• Whenever hands are visibly dirty</li> </ul>
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#### ARRIVAL AND DISMISSAL

- **Only students and staff will be allowed in Beth Israel during school hours. (Parents are not allowed at school at this time.)**
- Parents are expected to complete a thorough health check of their students prior to their student attending Chai School. If there are any signs of symptoms of cold, flu or COVID-19, students should stay home. Upon arrival, students will be required to answer a verbal health check.
- Students will sanitize their hands immediately upon entering the classroom.
- Meticulous attendance will be kept.

#### DINNER

- Beth Israel will provide dinner.
- Rabbi Bluman, wearing mask and gloves, will serve dinner from the kitchenette.
- Students will eat dinner in the Conference Centre (our outdoors) in theatre style, without tables.
- Strict hand washing/sanitizing routines will be followed before and after dinner.

#### USE OF WASHROOM FACILITIES

- No more than 2 students at a time will be allowed in the boys and girls bathrooms on the lower level.
- We will have strict hand washing routines before the students leave the washroom.
- Sink taps and toilet flushing handles/seats will be disinfected.

#### PHYSICAL DISTANCING

With students on campus, we will:

- Avoid close greetings like hugs or handshakes.
- Regularly clean and sanitize items that are designed to be shared.
- Discourage any food or drink sharing.
- Reinforce and remind of the rule of “hands to yourself.”
- In the classroom, students will sit 2 meters apart from each other and the teacher.