

COVID-19 Policies and Procedures

Beth Israel Hebrew School

August 2020

START DATE

Hebrew School – Sunday, September 13

SICK POLICY

Self-isolation at home

- All students or educators with COVID-19 symptoms such as sore throat, fever, difficulty breathing coughing, chills, diarrhea, fatigue, headache, loss of appetite, loss of sense of smell or taste, muscle aches, nausea and vomiting, runny nose or other cold, influenza or infectious respiratory symptoms must self-isolate at home for a minimum of 10 days from the onset of symptoms and until their symptoms are completely resolved (i.e. it may be longer than the minimum 10 days). Parents/caregivers of a self-isolating child and self-isolating educators should call 8-1-1 for medical advice and for advice on when the child or educator are fit to safely return to work.
- Children or educators who live in the same household as a person with confirmed or clinical COVID-19 symptoms who is self-isolating must self-isolate and not return to school until cleared to do so by the public health officials (8-1-1).
- Parents/caregivers of a self-isolating child and self-isolating educators should stay in regular contact with the school regarding the ongoing status of their condition and are not to return to school until cleared to do so by the public health officials (8-1-1).
- Children and educators returning to British Columbia from outside Canada must self-isolate and be monitored for symptoms for 14 days after their return. Returning travelers that develop COVID-19 symptoms during the period of self-isolation are required to self-isolate for a further period of 10 days after the onset of symptoms, or until symptoms resolve, whichever is later.

Students developing symptoms of COVID-19 while at school or after having been at school

- If a child becomes sick while at school they will be isolated from others until their parent/caregiver picks them up.
- Once at home the child will be expected to self-isolate following the directions described above.
- To help prevent transmission, respiratory etiquette and hand hygiene practices are recommended as well as, to the extent possible, having the ill student or staff stay two meters away from others. If possible, the student should be placed in a separate room from other students with a closed door.
- The ill student who is able to comply with mask wearing should be instructed to wear a surgical mask. If the student is not able to comply or there are no appropriately sized masks available, the adult(s) caring for them should wear a surgical mask. If a mask is unavailable the student will be instructed to cover his/her mouth and nose with a tissue when coughing or sneezing.
- Everyone (students and educators) that was in contact with the ill student must thoroughly wash their hands.
- Every object that the ill student touched prior to entering the isolation room must be washed and disinfected.
- Any rooms that the student was in while symptomatic will be cleaned and disinfected before others enter them. The space where the student was isolated will be cleaned thoroughly, once the student is picked up.

- Beth Israel Hebrew School will alert the local Medical Health Officer if there is a child self-monitoring for symptoms who developed symptoms compatible with COVID-19 while at school.
- Parents will inform the Hebrew School immediately, if their students, themselves or their other children test positive.
- If a student tests positive, the Hebrew School will alert all of its families.

PROTECTIVE PERSONAL EQUIPMENT

- Beth Israel Hebrew School Teachers, Teacher Assistants and Volunteers will be required to wear masks at all time.
- Beth Israel Hebrew School will follow the BC Ministry of Education's guidelines concerning whether or not students will be required to wear a mask. The Hebrew School strongly encourages students (Grades 1-7) to wear masks and students (Grades 1-7) will be required to wear masks when they are not able to maintain a distance of 2 meters or more from others. Graded 1-7 students will also be required to wear masks during Music and T'fillah.
- Students are expected to bring their own masks.
- Those who are preparing and serving snack will be required to wear masks and gloves.
- Beth Israel Hebrew School will have extra disposable masks for those who have forgotten their masks for Music Class.

COUGH AND SNEEZE ETIQUETTE

- Educators and staff are expected to follow cough/sneeze etiquette by covering their mouth and nose during coughing or sneezing with a tissue or flexed elbow and disposing of used tissues in a plastic lined waste container followed by hand hygiene.
- Educators will instruct and encourage students on following cough/sneeze etiquette.

PROPER HYGIENE

As we know, little and big hands pick up germs easily, from anything they touch, and can spread those germs to objects, surfaces, food, and people. Handwashing with soap and water is still the single most effective way to reduce the spread of illness. All students and staff will sanitize their hands each time they enter and exit the building and their classroom.

Children forget about proper hand washing so practice often and teach them to wash their hands properly in a fun and relaxed way. Everyone – all staff and students should wash their hands more often.

When sinks for hand washing are simply not available, you may use alcohol-based hand sanitizers (ABHS) containing at least 60% alcohol. Know that this is not very effective when a child's hands are quite soiled, when coming in from outside, for example. Wash hands with sanitizer the same way you would wash with soap and water.

CLEANING AND DISINFECTING ROUTINES

Early evidence suggests that the virus causing COVID-19 can live on objects and surfaces from a few hours to days. Regular cleaning and disinfecting of objects and high-touch surfaces is very important to help to prevent the transmission of viruses from contaminated objects and surfaces.

- All classroom environments will be immaculate.
- A full stock of handwashing supplies will be available at all times (i.e. soap, paper towels, and, if needed, 60% alcohol-based hand sanitizer.)
- The toys and premises will be cleaned more frequently.
- Garbage containers will be emptied often.
- High-touch surfaces will be regularly disinfected.
- Disposable wipes and napkins will be used at this time.
- We will only offer toys that can be easily disinfected. No dress-up clothes, stuffed animals, or playdough (Gesher and Kindergarten).

SIX STEPS FOR PROPER HAND WASHING

1. Wet hands with warm running water
2. Apply a small amount of liquid soap. Antibacterial soap is not required.
3. Rub hands together *for at least 20 seconds* (sing the ABCs). Rub palms, backs of hands, between fingers and under nails/creating a lather.
4. Rinse off all soap with running water.
5. Dry hands with a clean, disposable towel.
6. Discard the used towel in the waste container.

Students should wash their hands:	Staff should wash hands:
<ul style="list-style-type: none"> • When they arrive at school and before they go home • Before eating and drinking • After using the toilet • After playing outside • After sneezing and coughing into hands • Whenever hands are visibly dirty 	<ul style="list-style-type: none"> • When they arrive at school and before they go home • Before handling food • Before and after giving or applying medication or ointment to a child or self • After assisting a child to use the toilet, using the toilet • After contact with body fluids (i.e. runny noses, spit, vomit, blood) • After removing gloves • After handling garbage • Whenever hands are visibly dirty

ARRIVAL AND DISMISSAL

- **Only students and staff will be allowed in Beth Israel during school hours. (Parents are not allowed at school at this time, unless they are a designated volunteer.)** However, parents of preschool children who are still in diapers or for new students for the first day of class.
- Times – Arrival: 9:15-9:45, Dismissal: 12:15-12:35. If you need to drop off your child after 9:45 or need to pick up your child after 12:35, please call Rabbi Bluman's cell: 604-401-7801.
- Arrival:
 - Vehicle: While remaining in their vehicles, parents will drop off their students at the P1 entrance and complete a verbal health check on behalf of their students. Rabbi Bluman and 1 staff member (wearing masks) will greet the students at P1. Pre-School and Kindergarten students will be escorted by their TA to their classroom (main level). Older students will go directly to their classrooms (lower level).

- Bus or Bicycle: Parents should walk their students to the P1 entrance. Parents will need to wear masks and must remain at least 2 meters away from others.
 - Parents are asked to have their children wash their hands right before leaving home and sanitize them immediately upon entering the school building.
 - Students will sanitize their hands immediately upon entering the classroom.
- Dismissal:
 - Vehicle: Rabbi Bluman will greet parents as they drive up to P1 and will communicate with the TAs and teachers (via a 2-way radio) which student is being picked up. This will ensure that students from the main and lower levels do not mingle.
 - Bus or Bicycle: Rabbi Bluman will greet parents at P1. Parents will need to wear masks and must remain at least 2 meters away from others.
 - Students will remain in their classrooms with their teachers until they are told their parents have arrived.
- Meticulous attendance will be kept.

SNACK

- Individually wrapped snacks or whole fruit with peels will be served.
- Students will eat snack in their classrooms.
- Strict hand washing/sanitizing routines will be followed before and after snack.

USE OF WASHROOM FACILITIES

- No more than 2 students at a time will be allowed in the boys and girls bathrooms on the lower level.
- We will have strict hand washing routines before the students leave the washroom.
- Sink taps and toilet flushing handles/seats will be disinfected.

PHYSICAL DISTANCING

Understandably, social distancing is challenging in a childcare and school setting. At the same time, it is important that we do what we can to try to assist students. Emphasis is on minimizing physical contact between students.

With students on campus, we will:

- Avoid close greetings like hugs or handshakes.
- Help students to learn about social distancing by creating games.
- Take students outside more often.
- Regularly clean and sanitize items that are designed to be shared.
- Discourage any food or drink sharing.
- Reinforce and remind of the rule of “hands to yourself.”
- In the classroom, students will sit 2 meters apart from each other and the teacher.
- Each student will be provided with his/her own school supplies.